



MAHAA SIDDHA VAIDYA CHIKITSALAYAM

A WELLNESS-HOLISTIC CENTRE



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MSVC has its origins from Mahaa Siddha tradition, one of the ancient traditions of Bharath. This tradition emphasizes on the importance of the body and mind equally.

Our therapeutic principles and philosophy are mainly based
On the "Ayurveda Hridaya" the core principles and teachings of Aswani devatas
the twin divine physicians

ABOUT MSVC



Where the ancient philosophy and wisdom of the treatment, nurture and support the present time health conditions to establish human well-being.

OUR PHILOSOPHY



- To realign the vikruti (deviated constitution) to an individual's Prakruti (own constitution).
- To re-establish harmony and balance in mind.
- To maintain proper coordination among the trinity of the life-Body, Mind and Spirit.
- To provide essential nutrition to the body and mind.
- To support the body to heal itself.
- To increase rogi bala (immunity of the person) so that overpowers the roga bala (disease strength).



HOW WE PERCEIVE OUR PATIENTS



- Patient in holistic view:
We perceive you as a multidimensional being and analyze your body, mind and spirit as a whole.
- Individualistic approach:
We adopt a personalized approach based on the patient's unique constitution(Prakruti) through pulse diagnosis.
- Epigenetic factors:
We help in management of the environmental factors which are responsible for the shaping of health and establishment of disease.
- Wellbeing:
We, along with treatment of symptoms aim to reestablish the wellbeing by working on the causative factors of dysfunction leading to disorder of health.
- Life counseling
We suggest the necessary lifestyle changes and provide personalized guidance in nutrition and diet based on the constitution .
- Support the body to heal:
We re-align the Vikruti to Prakruti giving support to the body to heal and develop endurance to the modern life stress condition.

PULSE DIAGNOSIS

Prakruti, the person's innate constitution is considered as a subtle manifestation of universal consciousness. It pulsates through naadi.

All the cells in the body communicate with each other and this flow of communication, cellular intelligence, is revealed through a pulse.

Proper understanding and interpretation of pulse helps to perceive dysfunction and deviation factors leading to disease manifestation in body and mind.

Pulse reveals:

- Dysfunctional factors of the body.
- Emotional disturbances and imbalances.
- Subtle factors which manifest disease.
- Epigenetic factors influencing our health.





We check the pulse in both hands at seven levels.

Body pulse denotes:

- Tridoshas
- Sub doshas
- Organ
- Maha Dhatus
- Dhatus
- Meridians

Mind Pulse denotes:

- Emotional and mental state
- Negative emotions
- Mood imbalances
- Arishad Vargas

WHAT WE SEE
IN PULSE?

APPROACH TO TREATMENT

1. Understanding the symptoms

Relieve the symptoms and signs

Treat the affected biological system

Understand the inter\connectedness of systems and identify the dysfunction leading to the present condition.

2. Balancing the Tri doshas and subdoshas.

Restore the Tri dosha balance by considering the six stages of pathogenesis according to Ayurveda and leads to disease.

3. Gut health

North to South correction and treatment of gut

Optimize digestion and assimilation

Restore gut microbiota.

4. Liver health

Optimize liver detoxification function .

Optimize digestion and assimilation

Strengthen the liver function.

5. Agni

We work on all 13 types of Agnis for the production of proper metabolites and efficient detoxification .

Detoxification

6. Strengthen the organ system which helps in the removal of toxins.

Adopting the slow and safe detox protocols to avoid Herkmer's reaction.

7. Cellular health:

Proper cellular nourishment.

Enhance mitochondrial function for healthy metabolism.

8. Dhatus:

Nourish and support the Sapta dhatus, the essential constituent elements of the body.

APPROACH TO TREATMENT

9. Immunity

Support the proper building of Maha Dhatus(Prana. Tejas and Ojas).
Correct the immune sensitivities and allergies.
Restore proper immune function for efficient stress management.

10.Homeostasis:

Nervous system-balancing sympathetic and parasympathetic nervous system,
Endocrine system- Repair endocrine dysfunction.

11.Psychosomatic:

Understand the emotional disturbance and help to restore the emotional balance.
Perceive the interconnectedness between the body and mind.
Re establish the harmony of body, mind and spirit for complete wellbeing.

THREE MAIN PILLARS OF MSVC

**Holistic individual
pulse diagnosis
integrated therapies**

OUR THERAPIES

We adapt safe complementary and traditional therapies in an integrated way which are based on best scientific knowledge for evidence based medicine and therapy.

These services are based on holistic approach and treatment modalities as suggested by Ayush.

Functional medicine.

Bio molecular medicine

IV nutrition therapy

Medical ozone therapy

Flower therapy

Homeopathy

Prolotherapy

Acupuncture

IR sauna

Platelet rich plasma therapy

Herbal enema

HEALTH CARE WE FOCUS ON

Metabolic syndromes
Autoimmune disorders
Allergies and hypersensitivity.
Neuro degenerative disorders.
Oncology management
Gut disorders
Skin disorders
Pain management
Liver disorder
Circulatory disorders
Oxidative stress disorders
Female disorders

OUR SERVICES

1. Pulse diagnosis

Understand the prakruti (constitution of body and mind) and vikruti.

2. Treatment of the condition:

Systematic and integrated personalized protocols designed based on your constitution to aid you in the journey from disease to wellness.

3. Lifestyle counseling

Personalized lifestyle management based on your epigenetic triggering factors. Diet and nutrition.

Yoga and exercises.

For more details visit:

[www.msvcclinic.co](http://www.msvcclinic.com)

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