



Mahaa Siddha Vaidya Chikitsalayam

(A wellness-Holistic Centre)

Where the ancient philosophy and wisdom
of the treatment, nurture and support
the present time health conditions to establish
human well-being.



सम दोषः समाग्निश्चा सम धातुमलक्रियाः।
प्रसन्नात्मेन्द्रियमनाः स्वस्थ इत्यभिधीयते ॥



Welcome to MSVC

Our treatment is a fusion of traditional wisdom,
philosophy with complementary therapies
with integrated approach.

About MSVC

MSVC Has its origins from Mahaa siddha tradition,
one of the ancient traditions of Bhārat.
This tradition emphasises on the importance
of the body and mind equally.

Our therapeutic principles and philosophy are
mainly based on the "Ayurveda Hridaya", the core
principles and teachings of Aswani devatas, the
twin divine physicians.

Here we are dedicated to incorporating the ancient
wisdom and modern therapies into our practices
ensuring that our clients receive the best care and
holistic treatment.



Pulse Diagnosis

Tridoshas

तत्र रूक्षो लघुः शीतः खरः सूक्ष्मश्चलोऽनिलः।
पित्तं सस्नेहतीक्ष्णोष्णं लघु विस्त्रं सरं द्रवम् ॥ ११ ॥



स्निग्धः शीतो गुरुर्मन्दः श्लक्ष्णो मृत्स्नः स्थिरः कफः।

MSVC-Uniqueness

Naadi Pariksha-The Pulse Diagnosis

an inherited treasure of our ancient times.

Prakruti, the person's innate constitution is considered as a subtle manifestation of universal consciousness. It pulsates through naadi.

All the cells in the body communicate with each other and this flow of communication, cellular intelligence, is revealed through a pulse.

Proper understanding and interpretation of pulse helps to perceive dysfunction and deviation factors leading to disease manifestation in body and mind.

Pulse reveals:

- Dysfunctional factors of the body.
- Emotional disturbances and imbalances.
- Subtle factors which manifest disease.
- Epigenetic factors influencing our health.

What we see in pulse:

We check the pulse in both hands at seven levels.

Body pulse denotes:

- Tridoshas
- Sub doshas
- Organ
- Maha Dhatus
- Dhatus
- Meridians

Mind Pulse denotes:

- Emotional and mental state
- Negative emotions
- Mood imbalances
- Arishad Vargas.

How we perceive our patients

- Patient in holistic view:

We perceive you as multidimensional being and analyse your body, mind and spirit as a whole.

- Individualistic approach:

We adopt a personalised approach based on patient's unique constitution (Prakruti) through pulse diagnosis.

- Epigenetic factors:

We help in management of the environmental factors which are responsible for the shaping of health and establishment of disease.

- Wellbeing:

We along with treatment of symptoms aim to reestablish the wellbeing by working on the causative factors of dysfunction leading to disorder of health.

- Lifestyle counselling:

We suggest the necessary lifestyle changes and provide personalised guidance in nutrition and diet based on the constitution.

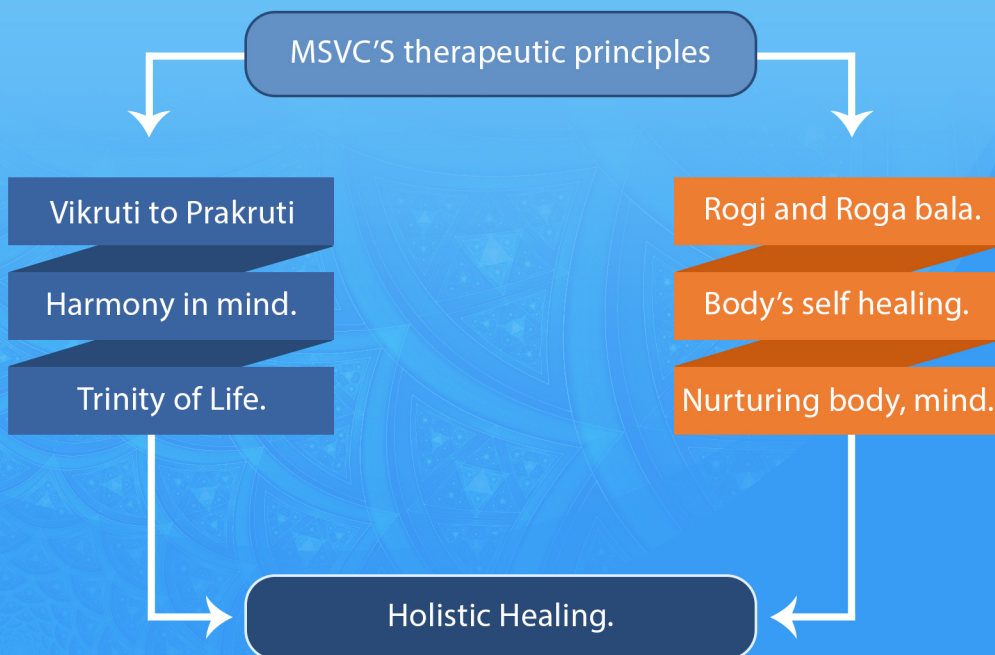
- Support the body to heal:

We re-align the Vikruti to Prakruti giving support to the body to heal and develop endurance to the modern life stress condition.



Modus Operandi-our principles

- Realignment of the vikruti (deviated constitution) to an individual's Prakruti (own constitution).
- Re-establish harmony and balance in mind.
 - Maintain proper coordination among the trinity of the life-Body, Mind and Spirit.
- Provide essential nutrition to the body and mind.
- Support the body to heal itself.
- Increase rogi bala (immunity of the person) so that overpowers the roga bala (disease strength).

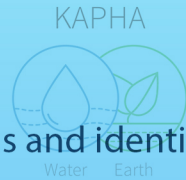


Symptoms are not enemies to be destroyed, but
Sacred messengers to encourage us to take necessary action
for our health.

Approach to treatment

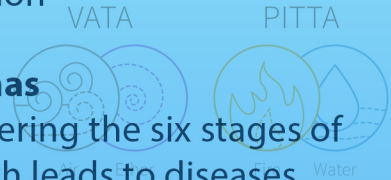
1. Understanding the symptoms

- Relieve the symptoms and signs
- Treat the affected biological system
- Understand the interconnectedness of systems and identify the dysfunction leading to the present condition



2. Balancing the Tri doshas and subdoshas

- Restore the Tri dosha balance by considering the six stages of pathogenesis according to Ayurveda which leads to diseases.



3. Gut health

(the second brain of human body)

- North to South correction and treatment of gut
- Optimise digestion and assimilation
- Restore gut microbiota

4. Liver health

(Liver is the seat of Agni and main metabolic organ of the body)

- Optimise liver detoxification function.
- Optimise digestion and assimilation
- Strengthen the liver function.

5. Agni

(The main transformative energy)

- We work on all 13 types of Agnis for production of proper metabolites and efficient detoxification.

6. Detoxification

- Strengthen the organ system which helps in the removal of toxins.
- Adopting the slow and safe detox protocols to avoid Herkmer's reaction.

7. Cellular health:

- Proper cellular nourishment.
- Enhance mitochondrial function for healthy metabolism.

8. Dhatus:

(Sharira dharanat datavah)

- Nourish and support the Sapta dhatus, the essential constituent elements of the body.

9. Immunity:

- Support the proper building of Maha Dhatus (Prana, Tejas and Ojas).
- Correct the immune sensitivities and allergies.
- Restore proper immune function for efficient stress management.

10. Homeostasis:

(Re establish the homeostasis to provide an optimum healthy environment for efficient functioning of cells.)

- Nervous system- balancing sympathetic and parasympathetic nervous system.
- Endocrine system- Repair endocrine dysfunction.

11. Psychosomatic:

- Understand the emotional disturbance and help to restore the emotional balance.
- Perceive the interconnectedness between the body and the mind.
- Re establish the harmony of body, mind and spirit for complete wellbeing.

Our Therapies

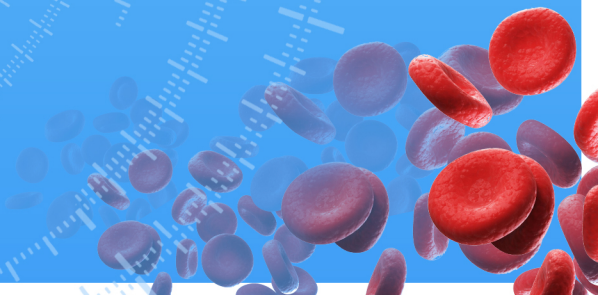
We adapt safe complementary and traditional therapies in an integrated way which are based on best scientific knowledge for evidence based medicine and therapy. Such modalities of Healthcare services are as per the guidelines of Ayush Ministry of Health & Family welfare. Government of India

- Functional medicine
- Homeopathy
- Flower therapy
- Bio molecular medicine
- Prolotherapy
- IV nutrition therapy
- Acupuncture
- Medical Ozone therapy
- IR Sauna
- PRP
- Herbal enema



Conditions we support

- Metabolic syndromes.
- Autoimmune disorders.
- Allergies and hypersensitivities.
- Neuro degenerative disorders.
- Oncology management.
- Gut disorders.
- Skin disorders.
- Pain management.
- Liver disorder.
- Circulatory disorders.
- Oxidative stress disorders
- Female disorders



Our Services

1. Pulse Diagnosis.

Understand your prakruti (body and mind constitution) and vikruti.

2. Treatment of the condition.

Systematic and integrated personalised protocols designed based on your constitution to aid you in the journey from disease to wellness.

3. Lifestyle counselling.

Personalised lifestyle management based on your epigenetic triggering factors.

Diet and nutrition.

Yoga and exercises.

For more details visit
www.msvcclinic.com